

OCTOBER IS

CYBERSECURITY MONTH

Ten Tips to Keep You and Your Data Safe

- ✔ **Use Strong and Unique Passwords:** Create strong, complex passwords for your online accounts, and avoid using the same password for multiple accounts. Consider using a password manager to generate and store passwords securely.
- ✔ **Enable Multi-Factor Authentication (MFA):** Whenever possible, enable MFA for your online accounts. MFA adds an extra layer of security by requiring you to provide a second form of verification, such as a code sent to your mobile device.
- ✔ **Keep Devices and Software Updated:** Regularly update your operating system, software, and applications. Cybercriminals often exploit vulnerabilities in outdated software.
- ✔ **Beware of Phishing:** Be cautious of unsolicited emails, messages, or calls asking for personal information or credentials. Verify the sender's identity before sharing any sensitive information.
- ✔ **Use Antivirus Software:** Install reputable antivirus and anti-malware software on your devices and keep them up to date. This can help detect and prevent malware infections.
- ✔ **Secure Your Wi-Fi:** Change default router passwords, use strong encryption (WPA3 or WPA2), and create a unique network name. Regularly update your router's firmware.
- ✔ **Regularly Backup Data:** Back up important data to an external device or a secure cloud service. This can help you recover your data in case of ransomware attacks or hardware failures.
- ✔ **Monitor Your Financial Accounts:** Regularly review your bank and credit card statements for unauthorized transactions. Report any suspicious activity immediately.
- ✔ **Use Secure Websites:** Look for "https://" in the website's URL and a padlock icon in the browser's address bar when entering sensitive information online.
- ✔ **Stop and Think Before You Click the Link:** Don't click on suspicious links, download unknown attachments, or trust unexpected requests for money or personal information. Be skeptical.

